

# 5K Results

Category Place	Name	Time	Overall	Category Place	Name	Time	Overall
<b>Overall Male</b>				<b>Overall Female</b>			
1	Casey Hall	18:30	1	1	Heather McPherson	22:52	13
<b>Male 19 &amp; under</b>				<b>Female 20-24</b>			
1	Jamison Hicks	20:46	6	1	Rachel Roark	26:22	22
2	Michael Grote	20:49	7	2	Melissa McDaniel	30:55	36
3	Zach Stanke	22:42	12	<b>Female 25-29</b>			
4	Matt Harper	23:12	15	1	Kimberly Duerksen	23:43	17
5	Troy Dodge	23:17	16	2	Heather Rasmussen	25:49	19
<b>Male 20-24</b>				3	Molly House	26:15	21
1	Graham Douglas	28:26	29	4	Marie Cacciatore	31:02	38
2	Britton Douglas	28:28	31	5	Tara Taplin	31:24	39
3	Matthew Cochran	32:34	44	6	Nancy Ramsey	32:10	42
<b>Male 25-29</b>				7	Ceyli Delgadillo	33:50	46
1	Jordan Miller	20:15	4	8	Jennifer Perry	35:31	50
2	Jared Brown	27:39	28	9	Elizabeth Cochran	39:54	59
3	Shannon McDaniel	30:55	37	<b>Female 30-34</b>			
<b>Male 30-34</b>				1	Jennifer Uptmore	24:26	18
1	Jonathan Tate	19:30	2	2	Stephanie Serna	26:22	23
2	Michael Saley	20:27	5	3	Christi Reynard	36:30	52
3	Chris Rasmussen	22:29	10	<b>Female 45-49</b>			
4	Brian House	26:05	20	1	Dora Almaguer	26:42	24
<b>Male 35-39</b>				2	Patty Whitt	26:53	25
1	Michael Kusler	19:38	3	3	Petra Ashleman	32:48	45
2	Bennie Diggins III	21:06	8	4	Ana Hardgrave	35:44	51
3	Chris Perry	29:14	33	<b>Female 50-54</b>			
4	Scott Harper	31:43	41	1	Laura Wilson	27:09	27
5	Jeff Reynard	34:11	47	2	Estella Phelps	29:29	35
<b>Male 40-44</b>				3	Carolyn Taplin	32:29	43
1	Patrick Kerwin	29:04	32	4	Sandra Bigham	35:02	48
2	Michael Noland	36:54	54	5	Roianne Alston	37:45	56
3	Richard Vannett	39:36	58	6	Debbie Lynd	45:06	61
<b>Male 45-49</b>				7	LuLu Mayo	46:28	62
1	Luis Almaguer	26:54	26				
2	Guy Ringer	28:28	30				
3	Kerry Arseneaux	29:16	34				
4	Norman Brown	31:35	40				
<b>Male 50-54</b>							
1	Michael Hall	22:58	14				
2	Greg Douglas	35:15	49				
3	Leland Baskin	37:29	55				
<b>60 and over</b>							
1	Larry Owens	22:26	9				
2	Dennis Alston	22:38	11				